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Hot **WORKOUT**

Get winded in the Windy City with the new Chicago outpost of Flywheel Sports. The fitness facility, which also has locations in Manhattan, the Hamptons and Boca Raton, Fla., offers a unique exercise experience: cycling that emphasizes the journey, not the destination. Keep motivated with pumping playlists from an in-house DJ and compete in class by checking the TorqBoard, which tracks your progress against fellow cyclists. We wonder how rep-reported celeb fans **Sofia Vergara** and **Hilary Swank** measure up! flywheelsports.com